

Meet Me At... Downham Leisure centre.

A Movie club like no other—open to anyone over 60 in Lewisham, including those living with Dementia and their carers. The Club is informal and we'll share short movie 'moments' with other social activities based around the films, including dancing and refreshments.

We are looking to recruit volunteers to support isolated older people to take part in these sessions and to help create an inclusive, safe and open environment for everyone taking part.

Meet Me at Downham Leisure centre will work with older people coming to terms with changes in their life (such as changes in: health; mobility; cognition and social relationships). The sessions take inspiration from Meet Me at the Albany, Entelechy Art's award winning arts club for isolated older people; that uses the arts to form new spaces for people to develop and connect.

Meet Me volunteers will be an essential part of the project and will create a welcoming space for members to enjoy films; sing; dance and meet new people.

Requirements

We are looking for compassionate and friendly individuals who enjoy the arts. You don't need any prior experience of working with older people just an openness and willingness to learn.

Volunteer tasks and responsibilities

- Support artistic activity.
- Volunteer in line with the health and safety requirements.
- Help inspire and motivate members of Meet Me.
- Volunteer in line with Entelechy Arts training around boundaries and safeguarding.
- We will require individuals who are comfortable with working with people who may have Dementia; extra training can be provided on this.

For more information please contact Sarah Jarman, Entelechy Arts volunteer coordinator. Email: sarah.jarman@entelechyarts.org/ Phone: **0208 694 9007** Address: Entelechy Arts, the Albany, Douglas Way, SE8 4AG

Time commitment

- Every Wednesday from 10.00 -13.00 November 7th—March 20th
- One afternoon of training

This role requires an enhanced DBS that Entelechy Arts can process on your behalf.

Volunteer Benefits

- Introduction to the wider Entelechy Arts program of artistic activity.
- Support from the volunteer coordinator and regular check –ins.
- A monthly group check in (curiously informal) bringing together volunteers and individuals working across Entelechy Arts.
- Access to local training opportunities.
- Specialist training provided by Entelechy Arts.

We need volunteers who are free at these times

	Sun	Mon	Tues	Wed	Thur	Fri	Sat
Morning							
Afternoon				x			
Evening							

We are looking for volunteers with the following personal qualities, attitudes, skills and experience and knowledge:

- Open
- caring nature
- compassionate
- non-judgemental
- respectful
- Artistic
- good listening skills
- reliable
- good communication skills
- able to maintain confidentiality and boundaries

For more information please contact Sarah Jarman, Entelechy Arts volunteer coordinator.
 Email: sarah.jarman@entelechyarts.org/ Phone: **0208 694 9007** Address: Entelechy Arts, the Albany, Douglas Way, SE8 4AG