



Are you friendly, helpful and proactive? Do you enjoy creative activity? Would you like a chance to develop your own skills while helping other people?

The Albany and Entelechy Arts are looking for volunteers for **Meet Me at the Albany**, a weekly arts club for the over-60s. Meet Me at the Albany is a pioneering concept to help reduce isolation and improve wellbeing through high-quality artist-led sessions. We offer a wide range of activities to participants, including sculpture, printing, spoken word, movement, singing, and much more.

Our team of volunteers get involved in all or some of the following activities, according to personal interest and skills:

- empowering participants to make choices regarding art and creative activities and listening to their feedback;
- supporting participants as they engage in arts and creative activities which are run by professional artists;
- engaging participants in additional activities, such as gardening;
- meeting, greeting and welcoming people as they arrive;
- helping participants socialise by befriending;
- helping people to their transport;

Meet Me at the Albany happens every **Tuesday from 10.30am to 2.30pm**. Volunteers are ideally required to attend between 9am and 3pm, to help set up and pack away. We are looking for people who are able to commit for a minimum of six months, although flexible arrangements are possible.

If you'd like to get involved but are not available on Tuesdays, we would still like to hear from you as we are looking to expand Meet Me at the Albany through activities which may take place

Volunteer development

Volunteers are integral to the success of Meet Me at the Albany and to recognise your commitment, we invest in our volunteer team through regular training and development. If you are looking to develop your career, volunteering for Meet Me at the Albany is a great way to grow your confidence and develop new skills that are valuable both on a personal level and in the workplace. You will also be able to learn about the arts, make new friends, and have fun.

Who are we looking for?

We welcome volunteers of all ages and backgrounds who:

- are friendly and willing to talk to anyone and everyone;
- are sensitive in dealing with people from a range of different backgrounds, with a range of different (health) needs;
- have excellent communication skills;
- take an interest in the arts and in supporting people to be creative;
- are great at working in a team;
- are proactive and flexible.

Skills or experience in the following areas would be an advantage, although not essential:

- Occupational Therapy and/or adult social care;
- gardening and/or running community gardening activities;
- facilitating (arts) sessions, or a desire to develop skills in this area;

Lunch is provided for volunteers every Tuesday. We can also reimburse local travel expenses.

Please note that volunteers will need to apply for an Enhanced DBS (Disclosure and Barring Service) check.

What next?

If you would like to apply, please complete and return our brief application form.

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To request an application pack:

Download an application form [here](#).

Telephone: 020 8692 4446

Visit the Albany reception desk during opening hours.