

Meet me at the Ackroyd centre

Meet me at the Ackroyd Centre is a twice monthly programme of artistic workshops for older people. The sessions take inspiration from Meet Me at the Albany, Entelechy Art's award winning arts club for isolated older people. Artists Zoe Gilmour and Charlene Lowe co-lead the sessions that consist of arts and crafts, movement, story-telling and visual arts. We are looking for volunteers to help support this artistic activity and to help engage members of the Ackroyd Centre in the workshops.

Meet me at the Ackroyd works with older people coming to terms with changes in their life (such as changes in health, mobility, cognition and social relationships). We are looking to recruit volunteers to support isolated older people to take part in the arts workshops but to also help create an inclusive, safe and open environment to make art in; sensitive to the wider context that people are living in.

Requirements

We are looking for compassionate and friendly individuals who enjoy art making. You don't need any prior experience of working with older people just an openness and willingness to learn.

Volunteer tasks and responsibilities

- Support artistic activity.
- Volunteer in line with the health and safety requirements.
- Help inspire and motivate members of the Ackroyd centre.
- Volunteer in line with Entelechy Arts training around boundaries and safeguarding.
- We will require individuals who are comfortable with working with people who may have Dementia; extra training can be provided on this.

For more information please contact Sarah Jarman, Entelechy Arts volunteer coordinator. Email: sarah.jarman@entelechyarts.org/ Phone: **0208 694 9007** Address: Entelechy Arts, the Albany, Douglas Way, SE8 4AG



Time commitment

- 2 hours every other week. Starting from Wednesday the 25th of July.
- One day training

This role requires an enhanced DBS that Entelechy Arts can process on your behalf.

Volunteer Benefits

- Introduction to the wider Entelechy Arts program of artistic activity.
- Support from the volunteer coordinator and regular check –ins.
- A monthly group check in (curiously informal) bringing together volunteers and individuals working across Entelechy Arts.
- Access to local training opportunities.
- Specialist training provided by Entelechy Arts.

We need volunteers who are free at these times

	Sun	Mon	Tues	Wed	Thur	Fri	Sat
Morning							
Afternoon				x			
Evening							

We are looking for volunteers with the following personal qualities, attitudes, skills and experience and knowledge:

- Open
- caring nature
- compassionate
- non-judgemental
- respectful
- Artistic
- good listening skills
- reliable
- good communication skills
- able to maintain confidentiality and boundaries

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