

**AGE
AGAINST THE
MACHINE**

Festival of Creative Ageing

13 September – 6 October 2019
AgeAgainstTheMachine.org.uk



Age Against the Machine Festival of Creative Ageing

13 September – 6 October 2019

Age Against the Machine is the London Borough of Lewisham's Festival of Creative Ageing, winner of a **Cultural Impact Award** as part of the Mayor's London Borough of Culture initiative.

Age Against the Machine is a ground-breaking arts festival which explores the ways creativity can promote positive ageing, making a fundamental impact on quality of life. It celebrates older people as artists and investigates issues that affect all of us across age and social barriers.

The Albany and Entelechy Arts are the festival's lead producers, building on their pioneering work and the extraordinary achievements of Lewisham organisations in the field of creative ageing in recent years.

The festival opens with *The Home*, a radical, immersive work set in a care home, and includes more than 20 community commissions chosen from over 100 original ideas from local people. The programme includes shows, films, exhibitions, discussions and outdoor performances across the borough, and the festival ends with a joyous day of events at the *Grand Finale*.



"We are proud that this festival celebrates the creativity of the people of Lewisham and some of our trailblazing achievements in arts and culture over the last few years. The festival will spark debate, challenge perceptions, champion older artists and celebrate the positive impact of creativity on our lives as we get older.

Two of our key arts organisations, The Albany and Entelechy Arts, have worked with people and groups across the borough and beyond to produce the festival. *Age Against the Machine* is about communities coming together. We look forward to welcoming people of all ages to share some of the amazing moments we know this festival will create."

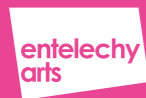
Damien Egan
Mayor of Lewisham

"Culture is in every corner of London and has the power to improve our health and bring people together. The Mayor's London Borough of Culture initiative is all about celebrating the amazing art and culture that is in our local communities, and harnessing its potential to improve all of our lives.

This is exactly what Lewisham's Festival of Creative Ageing aims to do. Lewisham has put together a fantastic programme which will provoke conversation and explore the universal experience of ageing. The festival will celebrate the creativity of older people, take art and music into care homes and bring different generations together to create connections and shared experiences."

Justine Simons OBE
Deputy Mayor for Culture and the Creative Industries

The festival is funded by a Cultural Impact Award. The Mayor's London Borough of Culture award brings Londoners together. Putting culture at the heart of local communities, where it belongs.



MAYOR OF LONDON



Supported using public funding by
**ARTS COUNCIL
ENGLAND**



Ticketing information

There are three types of events within *Age Against the Machine*:

Pay-What-Makes-You-Happy:

This means you book a place to attend in advance with no charge, but pay what you decide after you've been to the event, based on how much you enjoyed it. Payment can be made by cash or card at the event.

Free, but ticketed: this means you book a place to attend in advance but it is free.






Free, drop-in: this means you do not need to book in advance and can just turn up for the event.

The only exception to the above is durational tickets for *The Home* – see page 5 for details.

How to book

Booking is via the Albany Box Office
In person: the Albany, Douglas Way, Deptford, SE8 4AG
By phone: 020 8692 4446
Online: www.ageagainstthemachine.org.uk

Access

-  **Relaxed** Indicates a Relaxed performance where you can make noise and move around during the event.
-  **Captioned** Indicates a captioned performance - similar to television subtitles for people who are D/deaf or hearing impaired.
-  **BSL** Indicates a BSL interpreted performance for D/deaf or hearing impaired people who use British Sign Language.
-  **Dementia-friendly** While people with dementia are welcome at all events, the events with this symbol are especially tailored for people with dementia, their family, friends and carers.
-  **Assistance animals & wheelchair user symbols** You won't see these symbols throughout the brochure because almost every event in the festival is suitable for wheelchair users and / or those attending with an assistance animal. Check when booking if you have specific needs or concerns.

You can also check the festival website, call or email us if you have specific access queries about an event:

020 8692 4446 / reception@thealbany.org.uk

Planning your visit

You can find addresses for each event throughout the brochure and a diary of all of the festival venues on pages 49 & 50.



You can also download the Visit London app to plan your route to festival events and find out what's on nearer to the festival.



*The Albany, Entelechy Arts and Christopher Green, in association with
ARC Stockton, Future Arts Centres and Saitama Arts Theatre Present*

THE HOME

An entertaining and provocative excursion into residential care.

Put yourself in the shoes of the UK's 300,000+ care home residents in *The Home* – move in for the weekend for a 48-hour immersive experience, or come and visit our residents at free stand-alone events (see page 7).


Friday 13 – Sunday 15 September, from 1pm

The Home: Durational Stay

Enter the world of a fictional residential care home in this large-scale experimental show by Christopher Green. *The Home* is a 48-hour immersive experience which gives participants an opportunity to discover the problems and pleasures of being cared for in a communal setting, and explores the care home as a place of reinvention and possibility.

This innovative new work sees 30 people coming to stay in a theatrical care home for an entire weekend. The performance is customised to you: you have your own room, treatment regime, entertainment and wellbeing programme, plus dedicated key-workers who provide your care. *The Home* will investigate connections between care provision, arts, health and ageing well.



 Surrey House, Goldsmiths College, 80 Lewisham Way, New Cross, SE14 6PB

Limited tickets to experience 48 hours in *The Home* are available for over 18s. These tickets cost £100 and are allocated one per applicant via a lottery system. Apply by calling or emailing us with your name and contact details. Deadline for applications is Fri 16 Aug. Call 020 8692 4446, email thehome@thealbany.org.uk.

Durational Stay can be adapted to be suitable for any and all access needs. Let us know what you need when applying for a place.



*The Albany, Entelechy Arts and Christopher Green, in association with
ARC Stockton, Future Arts Centres and Saitama Arts Theatre Present*

The Home: Visitor's Pass

Catch a glimpse of life inside *The Home* and meet the residents at short, stand-alone events across the weekend.

**Saturday 14 September,
2pm – 3.30pm**

The Talent Show

The Home prides itself on being integrated within the community, so what better way to show it than with crowd favourite, *The Home's Got Talent!* Come and see our residents compete for big prizes or enter yourself.

**Saturday 14 September,
7.30pm – 9pm**

The Bingo Party

Bingo is a cliché of entertainment for the elderly, but wait until you see how it's done at *The Home*. Prizes, drinks and good times with a group of great people. Ready to try your luck?

Sunday 15 September, 10.30am – 12pm
**Non-Denominational Worship
and Mindfulness Session**

The Home takes its spiritual responsibilities very seriously and the more souls present for this morning of meditation, the merrier. Get to know the residents and perhaps even yourself a little better.

Sunday 15 September, 2pm – 3.30pm
**The Home Open Afternoon
and Cupcake Day**

You are warmly invited to integrate with our residents and have the most fun you'll have had for a long time at our *Open Afternoon*. Games, entertainment, mingling and our award-winning cupcakes await.

 All events: Surrey House, Goldsmiths College, 80 Lewisham Way, New Cross, SE14 6PB
Pay-What-Makes-You-Happy. Book in advance through the Albany box office.




SHOWS AND EVENTS

Sunday 15 September, 6.30pm

Levantes Dance Theatre Presents

AUDITION (a work in progress)

AUDITION combines contemporary circus, dance-theatre, fierce acrobatics and stunning visuals. The story explores how people act individually and / or with others in extreme circumstances. It's set within a casting process for a movie that depicts the true story of the murder of a rabbit committed by a family. Using humour and tension, it explores our modern, morbid fascination with True Crime stories and collective intrigue about what happens 'behind closed doors'.

 The Albany, Douglas Way, Deptford, SE8 4AG
Pay-What-Makes-You-Happy. Book in advance through the Albany box office.

Tuesday 17 September, 10am – 4pm

GCDA Lewisham Healthy Walks Presents

Capturing the Environment

Come along to an artist-led walk and workshop to see a well-trodden route in a fresh way. We'll explore the local area for a couple of hours when you'll be encouraged to engage all your senses to capture what's around you; with sketching, photography, collecting and playing with words. Then, back at base, you'll be supported to use printing, stitching and drawing techniques to help you create a beautiful collage. Pop back and bring your friends on Tuesday 1 October from 2.30pm to 4pm to see the final artworks on display.


 The Lounge, St Mauritius House, 65-67 Lewisham Park, Lewisham, SE13 6QX
Free, but ticketed. Book in advance through the Albany box office.



Photo: Christos Symeonides



**Tuesday 17 September,
2pm – 7pm**

*Entelechy Arts in partnership
with the Albany Presents*

A 21st Century Tea Dance: The Festival Edition

Entelechy Arts' Tea Dance team takes the conventional form of the tea dance and brings it kicking and screaming into the 21st century. Join Ida Barr as she hosts an unmissable afternoon of song, dance, theatre, tea and cake all served up with live music from Jive Five. Before the rhythm takes you, you can also join a performative procession from Deptford High Street to the Albany. Meet Me members, Celebrating Age and Lewisham Homes residents, artists, volunteers and friends, will take part as we mark the homecoming of the *Meet Me on Tour* exhibition and open the *21st Century Tea Dance*. (See page 46 for details).



The Albany, Douglas Way, Deptford, SE8 4AG
Pay-What-Makes-You-Happy.
Book in advance through the Albany box office.

**Wednesday 18 September, 7pm
Ages 16+**

Liz Aggiss Presents

Slap and Tickle

An award-winning, dark and ribald physical commentary, bringing together dance and spoken word. Liz Aggiss, 'enfant terrible of the bus pass generation', a maverick and fearless performance artist, litters the stage in a disorientating display of interpretations and contradictions about women, girls, mothers, bitches and senior citizens.

The Albany, Douglas Way, Deptford, SE8 4AG
Pay-What-Makes-You-Happy.
Book in advance through the Albany box office.

Thursday 19 September, 7pm

Carol Grimes Presents

The Singer's Tale

Embark on an emotional rollercoaster with singer-songwriter Carol Grimes, as she performs excerpts from her autobiography, *The Singer's Tale*, alongside a talented band of musicians.

The Albany, Douglas Way, Deptford, SE8 4AG
Pay-What-Makes-You-Happy.
Book in advance through the Albany box office.



Friday 20 September, 10am – 6pm
Agnes 60+

The Bohemians Salon Presents

Free Haircuts & Artist Takeover

Funky Deptford hairdressers extraordinaire, The Bohemians Salon, open their doors to the community. Feel fabulous with a free haircut for over-60s by their team, who champion unity without boundaries. Refreshments are served and artistic entertainment is provided!

📍 The Bohemians Salon, 53 Deptford Broadway, Deptford, SE8 4PH
Free, but ticketed. Book in advance through the Albany box office.

Friday 20 September, 7.30pm

Charles Hayward and Kwake Bass Present

Generating Rhythm

Revel in the work of two distinctive musicians in an evening of groove, vibe and emotion. Charles Hayward and Kwake Bass are drummers who have known each other for more than 20 years, and together use rhythm and sound to knock down walls and build deep connections.

📍 📍 The Albany, Douglas Way, Deptford, SE8 4AG
Pay-What-Makes-You-Happy. Book in advance through the Albany box office.

Saturday 21 September, 5pm

Red Ribbon in collaboration with Shades of Black Theatre and Therapeutic Services Presents

Upendo Dance

Using both traditional and contemporary dance genres, members of HIV charity Red Ribbon perform a piece about positive opportunities in life that are possible for people living with HIV and their families.

📍 The Albany, Douglas Way, Deptford, SE8 4AG
Free, but ticketed. Book in advance through the Albany box office.

Saturday 21 September, 7.30pm

Opening Doors London and Xnthyony Present

The Legends and Legacies Ball

Now is the time for trailblazers, boundary-breakers and total legends to shine. *The Legends and Legacies Ball* is a night of cabaret, extravagance and celebration, with our older LGBT+ community at its heart.

📍 📍 The Albany, Douglas Way, Deptford, SE8 4AG
Free, but ticketed. Book in advance through the Albany box office.



Photo: Holly Revell

Sunday 22 September, 3pm

Glass Performance and the Albany Present

Old Boy (work in progress)

See a scratch performance about the unique bond between real life grandfathers and grandsons that explores male family relationships and the legacy that is passed down through generations.

📍 The Broadway Theatre, Catford Rd, Catford, SE6 4RU
Pay-What-Makes-You-Happy. Book in advance through the Albany box office.

Sunday 22 September, 5pm

Penned in the Margins Presents

How to Keep Time

Explore the effects of dementia on speech, memory and family life. Using just his voice and an electronic drum kit, Antosh Wojcik tells the moving story of his Polish grandfather's struggle against vascular dementia and its effect on the people around him.



📍 The Albany, Douglas Way, Deptford, SE8 4AG
Pay-What-Makes-You-Happy. Book in advance through the Albany box office.

Sunday 22 September, 6.30pm

Ginger Johnson and Lavinia Co-op Present

Up Yours: An Evening with Lavinia Co-op

Sixty-eight-year-old drag legend Lavinia Co-op (Bloodlips) reflects on queer life over the past half-century, using recorded interviews and her incomparable abilities as a dancer, comedian and storyteller.

📍 The Albany, Douglas Way, Deptford, SE8 4AG
Pay-What-Makes-You-Happy. Book in advance through the Albany box office.

**Tuesday 24 September &
Tuesday 1 October, 10.30am – 2.30pm**

*The Albany, Entelechy Arts and
Lewisham Council Present*

Meet Me at the Festival

The Albany's weekly arts club for older people is throwing its doors open during the festival and inviting visitors to take part in interactive workshops and creative skill sharing.



📍 The Albany, Douglas Way, Deptford, SE8 4AG
Free. Drop-in any time. No need to book.




Monday 23 September, 2.30pm & Tuesday 24 September, 11.30am and 2.30pm

City of London Sinfonia in partnership with the Albany Presents

Comfortable Classical

Open to all, young and older, these relaxed lunchtime concerts feature classical music inspired by nature. Activities such as drawing, colouring and knitting are encouraged while listening to the music.



 **Monday 23 September, 2.30pm:** Torriron Road Community Library, Torriron Rd, Catford, SE6 1RQ
Tuesday 24 September, 11.30am:

Honor Oak Community Centre, 50 Turnham Rd, Honor Oak, SE4 2JD

Tuesday 24 September, 2.30pm: Downham Health & Leisure Centre, 7-9 Moorside Rd, Downham, BR1 5EP

Pay-What-Makes-You-Happy. Book in advance through the Albany box office.

Tuesday 24 September, 11.30am – 12pm

The Albany and Entelechy Arts Present

The Meet Me Choir

Come and join the famous Meet Me Choir as they perform at their Albany home, against the backdrop of the Albany community garden.



 The Albany, Douglas Way, Deptford, SE8 4AG
Free, drop-in. No need to book.


Tuesday 24 September, 2pm

Entelechy Arts in association with Alexander Care and HC-One Home Presents

A 21st Century Tea Dance: Alexander Care

Celebrate the first National Day of the Arts in Care Homes at this tea dance extravaganza. Featuring live music, singing, dancing and storytelling; all served up with tea and cake.



 Alexander Care Home, 21 Rushey Mead, Lewisham, SE4 1JJ
Free, but ticketed. Book in advance through the Albany box office.

Wednesday 25 September

Lewisham Markets: 9.30am – 11.30am
Lewisham Architecture: 1.30pm – 3.30pm

Guided Photography Tours

Bring your camera or sketchbook and join a professional photographer and tour guide to learn more about our borough's buildings and street markets. Transport is available if your mobility is restricted – call the Albany box office to find out more.




Meeting place: Lewisham Clock Tower, Lewisham, SE13 6BB
Free, but ticketed. Book in advance through the Albany box office.

Wednesday 25 September

Voluntary Services Lewisham Presents

Sing-a-Long Flash Mob

Come along and cheer on VSL and Entelechy Arts' intergenerational group of performers, sing along and join in. Head to Lewisham Shopping Centre around lunchtime for a secret musical surprise! Supported by Montage Theatre Arts.


R  Lewisham Shopping Centre, Molesworth St, Lewisham, SE13 7HB
Free, drop-in. No need to book.

Thursday 26 September, 11.30am
Ages 55+

60 Up and Honor Oak Community Association Present

Dance Through the Ages

Try your hand at some of the world's most enjoyed dances in a safe and relaxed environment – including Cha-Cha, Salsa, and Line Dancing. A light buffet lunch is provided.


 Honor Oak Community Centre, 50 Turnham Rd, Honor Oak, SE4 2JD
Free, but ticketed. Book in advance through the Albany box office. For specific dietary requirements and more information please email christina.60up@aol.co.uk or call 020 7639 2301.

Thursday 26 September, 2pm

Young at Heart Presents

New Hat and Open Heart

Old time Music Hall arrives in 2019 with an afternoon of dance and music troupes, including the over-60s social group at Christchurch United Reformed Church and local performance groups.


 Christchurch United Reformed Church, 15 Bellingham Green, Catford, SE6 3HQ
Free, but ticketed. Book in advance through the Albany box office.

Friday 27 September, 12pm

EASE Project Presents

Silwood Age Matters

Get involved in a variety of fun-filled activities including a digital tea party, knit 'n' natter corner, ping-pong workshop and a dance-keep-fit session.

 The Lewington Centre, 9 Eugenia Rd, Rotherhithe, SE16 2RU
Free, drop-in. No need to book.





**Company of Elders:
Mixed Bill**
(P. 21)

Friday 27 September, 6.30pm

Sadler's Wells Company of Elders Presents

Company of Elders: Mixed Bill

Celebrating 30 years since the inception of an over-60s programme at Sadler's Wells, the inspirational Company of Elders present an exciting double bill: a new work created by Alesandra Seutin plus a revival of *Natural*, a piece mixing text and dance that was created for them in 2005 by Clara Andermatt.



The Albany, Douglas Way, Deptford, SE8 4AG
Pay-What-Makes-You-Happy. Book in advance through the Albany box office.

Friday 27 September, 1pm

Ages 55+

Sadler's Wells Company of Elders Presents

Company of Elders: Workshop

Are you 55+ and love to dance? Join Simona Scotto, Company of Elders' Rehearsal Director, for a free workshop suitable for all levels of experience. Learn dance moves from the show, meet new people and celebrate lifelong creativity.



The Albany, Douglas Way, Deptford, SE8 4AG
Free, but ticketed. Book in advance through the Albany box office.



**Die! Die! Die!
Old People Die!**
(P. 22)

Saturday 28 September, 4pm & 8pm
Ages 13+

Ridiculusmus Theatre Company Presents

Die! Die! Die! Old People Die!

A couple confront impending death with bawdy humour and burgeoning sadness in Ridiculusmus's unsettling two-hander, set in a future cursed by eternal life without eternal youth.

The libidinous 120 year olds amble, splutter and fart their way towards the luscious golf course in the sky. Amid daily rounds of coffee, call centres and cat food, this paper-fine portrait oozes with the positivity of elderhood and good deaths.

Ridiculusmus have been making shows for over 25 years and are masters of inquisitive, darkly humorous and physical work that takes a sideways look at big questions.



'A darkly funny descent into old age.'
The Guardian



The Albany, Douglas Way, Deptford, SE8 4AG
Pay-What-Makes-You-Happy. Book in advance through the Albany box office.

OUTDOOR PERFORMANCE TRAIL

Saturday 28 September, from 12.30pm

Four free, drop-in, outdoor events to explore in one day as part of the festival. Pick and choose or join us for the outdoor trail: a carnival procession of bicycles, mobility scooters and a walking bus taking in all four events.

Meeting place: Pepys Park at 12.30pm. Follow the signs to find us! No need to book, just turn up on the day. Suitable for all ages, families and dogs welcome.

Accessible transport is provided for those who want to join in but find walking difficult - booking is essential. Call the Albany box office on 020 8692 4446 to book transport.

Entelechy Arts in partnership with Saitama Gold Theatre Presents

Bed ベッド

A bed. A street. Four older people abandoned in their night clothes. There are so many stories that go unheard. Older performers from Entelechy Arts (UK) and Saitama Gold Theatre (Japan) join forces for this unmissable street performance that uncovers the voices and experiences of the isolated old. *Bed* is also popping up at other secret locations throughout the festival.

Upswing Aerial Presents

Catch Me

Revel in an energetic mix of dance, circus and chairs. *Catch Me* is a lively and surprising take on age and gender. An older woman and younger man balance, climb and jump across a stack of chairs. Together they discover all the people they can be. Part-installation and part-performance, *Catch Me* asks how we see each other and who we value.

Supported by Without Walls, Jacksons Lane and Arts Council England. Commissioned by Age Against the Machine and Norfolk & Norwich Festival.

Geni Lou Presents

Amalgame

A family affair; personal yet universal, created and performed by mother and daughter, Geni Lou and Lily Bherer. *Amalgame* explores the pair's relationship through movement, investigating how parent-child relationships grow as time passes, what is shared, how roles are reversed, and the ways we imitate and recreate patterns.

Caravan Arts Presents

The Great Escape

Over the summer, members of arts club Meet Me at the Albany took off on *The Great Escape* – daytime forays into the wilds of London in a vintage caravan. Food, stories and songs were shared and holiday memories were created. Drop-in to the caravan to see what they got up to.

R All events

For individual performance times and locations please check the festival website, call the Albany box office, or pick up a map from the Albany or Deptford Lounge.

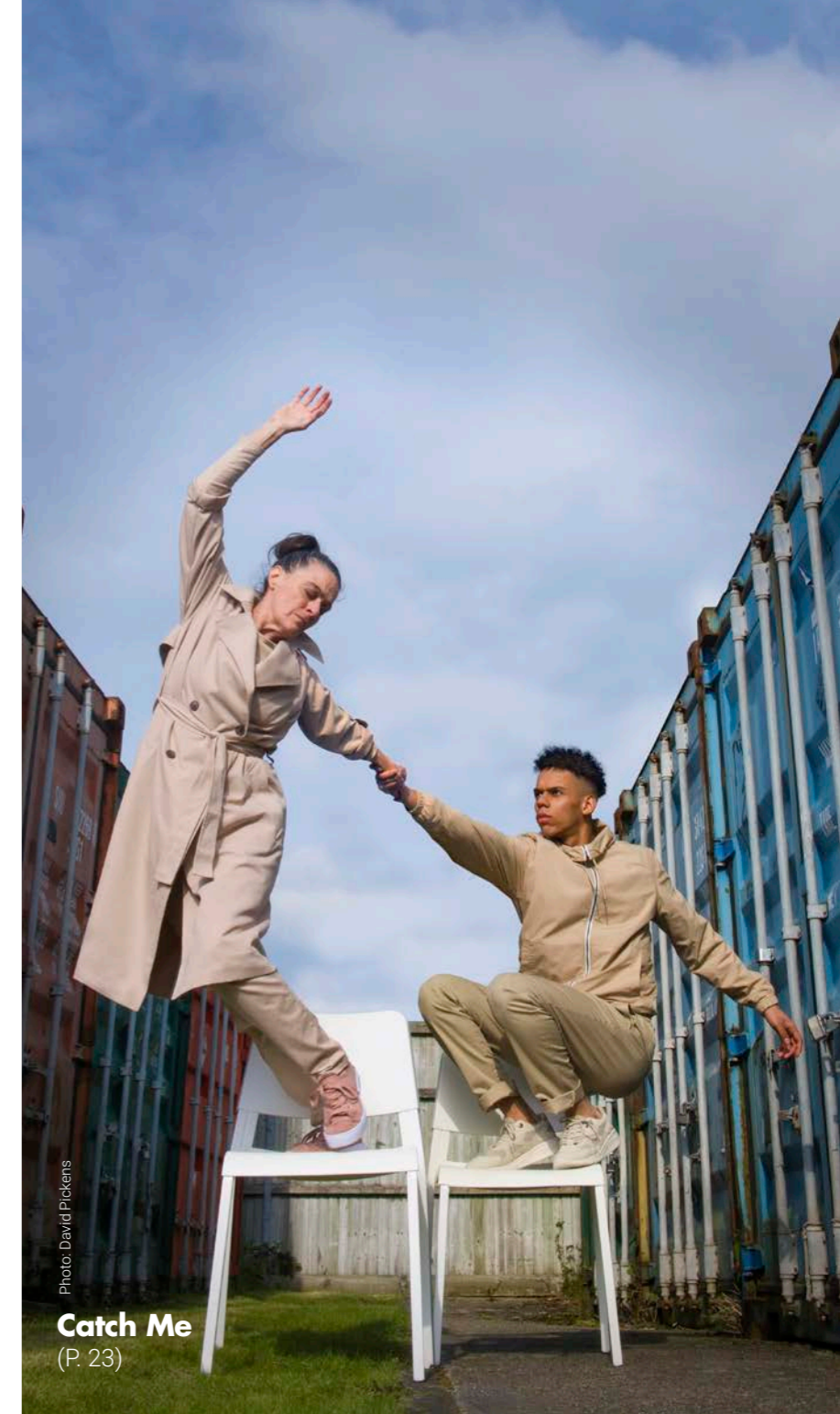


Photo: David Pickens

Catch Me
(P. 23)

**Saturday 28 September,
2pm – 5pm**

Lewisham Unity Presents

Jam and Jam

Get back to nature with an afternoon of fruit foraging in wild places and local gardens, then head back to the garden at Lewisham Unity to make jam with a backdrop of songs and stories.

📍 Lewisham Unitarians, 41 Bromley Rd, Lewisham, SE6 2TS
Free, drop-in any time. No need to book.

Saturday 28 September, 6pm

Rushey Green Time Bank Presents

Ageing in Style Fashion Show

Feast your eyes on fashion collections for the older generation, featuring African-Caribbean design and prints, upcycled pieces and handmade accessories. Items are made by Rushey Green Time Bank members with professional designers. There will be a chance to purchase items after the show.

📍 📍 Lewisham Irish Community Centre, 2a Davenport Rd, Catford, SE6 2AZ
Free, but ticketed. Book in advance through the Albany box office.

Sunday 29 September, 11am – 3pm

Horniman Museum and Gardens in collaboration with St. Christopher's, Community Connections and Ewart Community Hall Presents

Age Against the Machine at the Horniman

Bring the whole family to the Horniman Museum and Gardens for a day of musical activities, performances and more, celebrating older people from Lewisham and beyond. See *South London Stories* entry on page 44 for one of the exciting highlights!

📍 📍 📍 Horniman Museum & Gardens, 100 London Rd, Forest Hill, SE23 3PQ
Free, drop-in any time. No need to book.

Sunday 29 September, 6.30pm

Blow the Fuse Presents

ARQ: Alison Rayner Quintet

This exciting band skilfully combines jazz, world grooves and lyrical melodies in vibrant, communicative performances. Winners 'Ensemble of the Year' (2018 Parliamentary Jazz Awards).

'A celebration of life itself'
London Jazz News.

📍 The Albany, Douglas Way, Deptford, SE8 4AG
Pay-What-Makes-You-Happy. Book in advance through the Albany box office.



ARQ: Alison Rayner Quintet
(P. 25)



Sunday 29 September, 11am – 4pm

Vietnamese Family Partnership (Gia Dinh Viet) Presents

Vietnamese Moon Festival

A celebration of tradition across cultures and generations, with Vietnamese food and dance. *Vietnamese Moon Festival* is an annual event where older community members encourage the very young to use their creativity and hard work to achieve their ambitions.



Deptford Lounge, 9 Giffin St, Deptford, SE8 4RJ
Free, drop-in any time. No need to book.

Monday 30 September, 11am – 4pm. Ages 55+

Lewisham Irish Community Centre Presents

Stories of Emigration

A community event sharing stories of emigration from local, older BAME community members, gathered during workshops. Featuring intergenerational community performers with music, singing, dancing and storytelling. Lunch is included.



Lewisham Irish Community Centre, 2a Davenport Rd, Catford, London, SE6 2AZ
Free, but ticketed. Book in advance through the Albany box office.
For specific dietary requirements and more information please email manager@lewishamirish.plus.com or call 020 8695 6264.

Tuesday 1 October, 1.30pm

Myatt Seniors Presents

On My Way to Market

A show developed and performed by Myatt Seniors and children from Myatt Garden School, based on the theme of 'Loving London'. It explores the participants' local area through music, dancing, drama and visual arts.




Deptford Lounge, 9 Giffin St, Deptford, SE8 4RJ
Free, drop-in. No need to book.

Wednesday 2 October, 3.15pm

Positive Ageing Council Presents

Positive Ageing Groovers

Popping up at secret locations throughout the festival, the *Positive Ageing Groovers* flash mob dance troupe invite you to join them in getting your groove on. This short 30-minute performance is part of Stanstead Lodge Seniors Club's annual Open Day. They'll also be appearing at the *Grand Finale* (see page 33).


 Stanstead Lodge Seniors Club, 260 Stanstead Lodge, Forest Hill, SE23 1DD
Free, drop-in. No need to book.

Thursday 3 October, 2pm – 4pm

IRIE! dance theatre Presents

Memories in Movement

Created from workshops with African and Caribbean elders based on movements they remember from work - from musicians and seamstresses to housewives, doctors, artists and gardeners. Workshop leader and choreographer, Sheba Montserrat, and master drummer, Mohamed Zozo Shuaibu, led a series of movement sessions with members of Vista Reminiscence and residents of Milliners Court Elders to make the work.

 Moonshot Centre, Angus St, New Cross, SE14 6LU
Book a free ticket by contacting IRIE! dance theatre on 020 8691 6099 or by email at info@iriedancetheatre.org.



Half Life
(P. 30)

**Thursday 3 –
Saturday 5 October, 7pm. Ages 10+**


*Commissioned by the Albany, ARC Stockton and
The Gulbenkian Theatre. Tangled Feet Presents*


Half Life

An intergenerational cast of performers explore the difference age brings and the constant things in life that bind us all together.

Tangled Feet are an ensemble who met twenty years ago, aged 20. They're all about to turn 40, they've been creating theatre together for half their lives. To mark the moment, they're asking some big questions and have brought in help. In *Half Life*, Tangled Feet are joined by a unique company of 10, 20 and 80-year-olds, to wrestle with the nature of time passing. Asking: how does our perspective change as we age? How do we cope when we don't know what's coming next? What do we hold onto? What do we let go?

Join them to find some answers, ask more questions and celebrate the wisdom we can share at any age.

 Saturday 5 October, 7pm

 The Albany, Douglas Way, Deptford, SE8 4AG
Pay-What-Makes-You-Happy. Book in advance through the Albany box office.

Friday 4 October, 7.30pm

Just Older Youth Presents

Cabaret of JOY

A glorious celebration of older people's creative lives incorporating dance, song, theatre, comedy and magic. These young-at-heart individuals share the pleasure of creating musical theatre and magic with young people, enhancing enjoyment and wellbeing for both generations.



Telegraph Hill Centre, Kitto Rd, Telegraph Hill, SE14 5TY
Free, but ticketed. Book in advance through the Albany box office.

Saturday 5 October, 11am – 4pm

The Diamond Club Presents

Tai Chi, Cha-Cha-Cha

A showcase of creative work by older people including photography, mosaics, needlecraft and more. Dance displays are on the hour from 12pm to 4pm, showcasing routines created in *Tai Chi, Cha-Cha-Cha* workshop sessions. Tea and homemade cake will be served.



Hartley Hall, Culverly Rd, Catford, SE6 2LD. Free, drop-in. No need to book.

Saturday 5 October, 1.30pm – 4pm

ChART Big Local, Friends of Chinbrook Meadows and Chinbrook Community Orchard Present

Wild Weavings

Apple Day at Chinbrook Meadows is an annual event to celebrate the orchard. This year, the occasion is marked with *Wild Weavings* – the culmination of a project with local seniors and artist weaver, Shane Waltener. Come along for weaving workshops led by project participants and to enjoy the sculptures they've created. *Apple Day* also features live music, family activities, apple pressing and tasting, plus tea and cake.



Main Entrance, Chinbrook Meadows, Amblecote Rd, Chinbrook, SE12 9RP
Free, drop-in any time. No need to book.
The venue is a short walk through the park from the main entrance, to the orchard.



Wild Weavings
(P. 31)

Saturday 5 October, 11am – 3pm

Age Against the Machine: Fun Palace!

A day of creative activities exploring arts and science in a community skillshare. There will be free activities and a People's Picnic with produce from the Albany garden so bring along your favourite dish to contribute.

The Fun Palace will be created by the community, so if you're interested in contributing, email programming@thealbany.org.uk.



The Albany, Douglas Way, Deptford, SE8 4AG
Free, drop-in any time. No need to book.

Sunday 6 October, 12pm – 5pm

Trinity Laban Conservatoire of Music and Dance and the Positive Ageing Council Present

Age Against the Machine – The Grand Finale

Mark the end of the festival with a joyous day of events celebrating the creativity of older people from across Lewisham.

The afternoon features pop-up performances, workshops and exhibitions created by local groups and artists, including a specially commissioned music and dance piece, *Finale*, created by composer Liz Lane and choreographer Lizzi Kew Ross alongside Lewisham residents of all ages.

Held on Silver Sunday, an annual day of celebration of older people, the event promises to round off the festival with a bang.

Performance time for *Finale* 3.30pm, with further pop-up performances throughout the day.

Activities take place at various times throughout the day.
For more details visit www.ageagainstthemachine.org.uk.



Laban Building, Creekside, Deptford, SE8 3DZ.
Free, drop-in any time. No need to book.



Photo: Entelechy Arts



TALKS AND WORKSHOPS

Friday 13 September, 7pm

Sounds Like Chaos Presents

My Nan

An intergenerational and interactive discussion and workshop about families, different generations and what we learn from each other. Created by young people from radical youth-led theatre company Sounds Like Chaos and their families.


  The Green Man, 355 Bromley Rd, Bellingham, SE6 2RP
Pay-What-Makes-You-Happy. Book in advance through the Albany box office.

Saturday 14 September, 10.30am

Philosophy For All in partnership with Adult Learning Lewisham Presents

Debating the Ideas


What does it mean to age? How does ageing affect our identity? And how does society treat, or ignore, us as we age? An interactive debate, featuring Anja Steinbauer of Philosophy for All, challenging our unexamined assumptions about old age.

 Brockley Rise Adult Education Centre, 2 Brockley Rise, Brockley, SE23 1PR
Free, but ticketed. Book in advance through the Albany box office.

Sunday 15 September, 6pm

On Taking Care

The success of arts programmes with older people means artists and volunteers increasingly work with those with complex health needs. This talk explores how we take care of each other as artists and participants.

 Age Exchange Bakehouse, 11 Blackheath Village, Blackheath, SE3 9LA
Pay-What-Makes-You-Happy. Book in advance through the Albany box office.

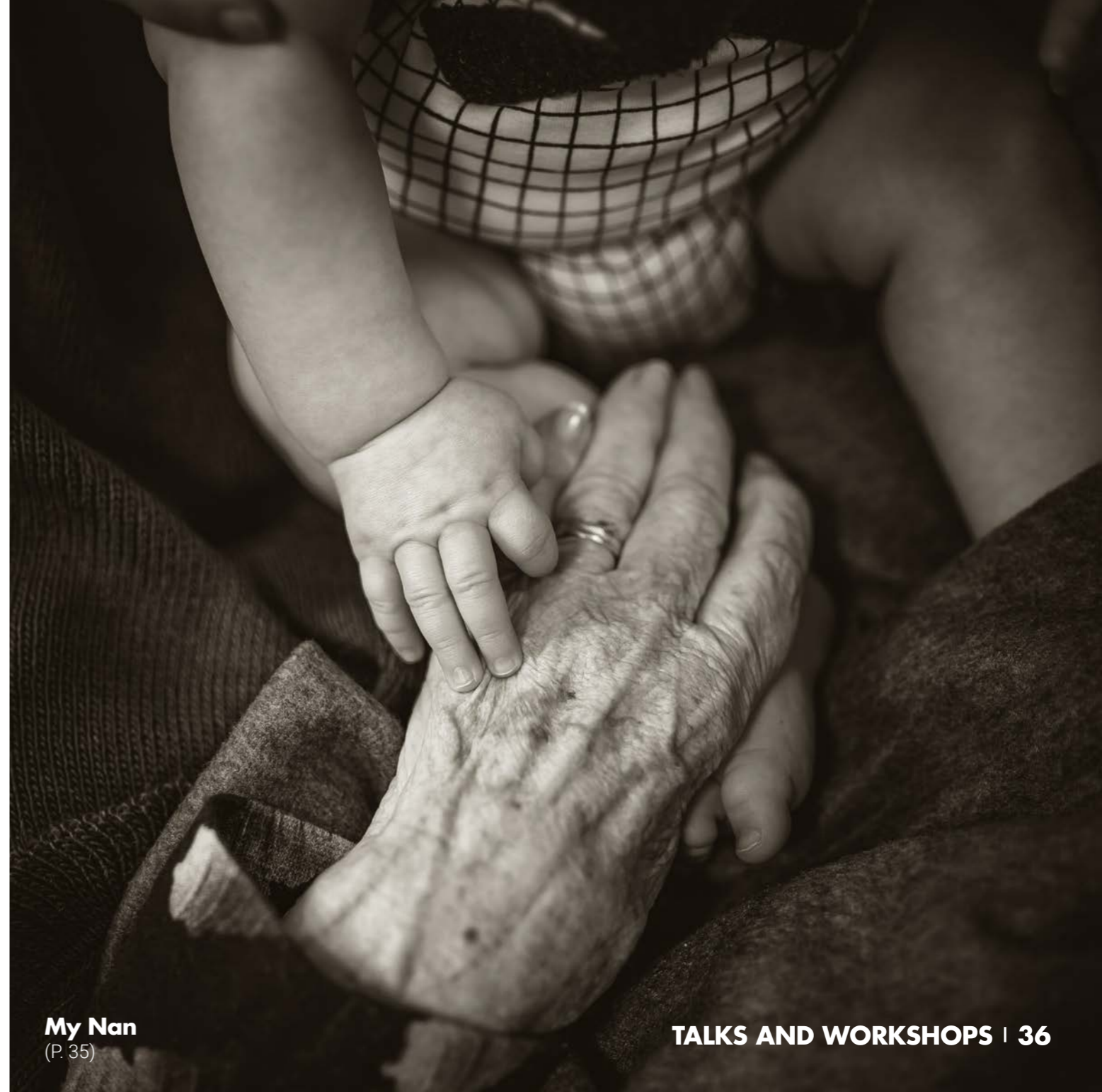





Photo: Entelechy Arts

Monday 16 September, 6pm – 7.30pm

Magic Me Presents

Cocktails in Care Homes Volunteer Induction

Evenings in care homes can be quiet and lonely, so every week Magic Me volunteers host cocktail parties where volunteers and residents socialise together. Join the *Cocktails in Care Homes* team for an overview of the project and training in communicating and supporting people with dementia. Refreshments provided.



 The Albany, Douglas Way, Deptford, SE8 4AG
Free, but ticketed. Book in advance through the Albany box office.

Wednesday 18 September, 2pm

The Albany, Entelechy Arts and the Horniman Museum Present

Being Dementia-Friendly

Take part in a practical workshop and talk on making your home, workplace or project dementia-friendly – whether you're a business, library, venue or artist. Speak with experts from the Horniman Museum, Library Services and the Lewisham Dementia Action Alliance and take home an action plan.


  The Pavillion Room, Horniman Museum & Gardens, 100 London Rd, Forest Hill, SE23 3PQ
Pay-What-Makes-You-Happy. Book in advance through the Albany box office.

Wednesday 25 September, 11am

Meet Me at Lewisham Homes Presents

Your Rabbit is Menacing the Neighbourhood




Earlier this year, writer Katherine McMahan worked with older residents of Lewisham Homes. Over 12 weeks they shared stories, drank tea, made art, and ultimately created an anthology of creative writing. Hear readings from the book, find out more about the process and take home a book of your own.

   Torridon Road Community Library, Torridon Rd, Catford, SE6 1RQ
Free, but ticketed. Book in advance through the Albany box office.



Wednesday 25 September, 3.30pm
With One Voice

Hear talks from members of choirs across Lewisham and get a sneak peek of Trinity Laban's music and dance commission, which will be performed at the festival's *Grand Finale* on Sunday 6 October. You can join in too!

   Stanstead Lodge Seniors Club, 260 Stanstead Lodge, Forest Hill, SE23 1DD Pay-What-Makes-You-Happy. Book in advance through the Albany box office.

Thursday 26 September, 5pm
The Albany and Entelechy Arts Present
Meet Me at the Movies: The Golden Years

Join members of Deptford-based film club for over-60s, *Meet Me at the Movies*, to discuss some of their greatest moments in cinema history. The talk is guided by regular members and volunteers.

  Curzon Goldsmiths, Richard Hoggart Building, Lewisham Way, New Cross, SE14 6NW
Book a free ticket by contacting Sarah on 020 8694 9007 or by email at sarah.jarman@entelechyarts.org.

Sunday 29 September, 11am – 1pm
Ridiculusmus Theatre Company Presents
Death Café



An intimate and inclusive gathering in which conversation about our last taboo is eased with curly kale, cake, coffee and fine teas. This event aims to help break the 'tyrannical secrecy' surrounding the topic of death.

 The Albany, Douglas Way, Deptford, SE8 4AG
Free, drop-in any time. No need to book.

Sunday 29 September, 1.30pm – 4pm
Sydenham Garden in collaboration with Katy Milner Presents




Sydenham Garden Animation Workshop

Join Sydenham Garden for a dementia-friendly animation workshop in collaboration with filmmaker Katy Milner and visit the beautiful garden.

  Sydenham Garden, 28A Wynell Rd, Forest Hill, SE23 2LW
FREE, but ticketed. Book in advance through the Albany box office.

Monday 30 September, 10.30am
Horniman Museum and Gardens Presents
Horniman Discovery Boxes

Discover objects from the collections of the Horniman Museum and Gardens; some perhaps familiar and others more unusual and surprising. Handle objects up close, explore some interesting stories, and have a chat over a cuppa.



   Lee Green Lives Community Centre, 3 Leegate, Lee, SE12 8SS
Free, but ticketed. Book in advance through the Albany box office.

Friday 4 October, 2pm
Matilda Ibini Presents

A.I.D.A.N.: Disability, Technology and Social Care

A.I.D.A.N (Artificial Intelligent Domestic Android by NetechnoloG) is a show in development about Zora, a disabled woman who is allocated an A.I.D.A.N unit. Join Matilda for a script reading and discussion about disability, technology and navigating the social care system.

This project is supported by Unlimited and a Wellcome Collection Partnership Award.

  Grove Park Adult Education Centre, 333 - 335 Baring Rd, Grove Park, SE12 0DZ
Pay-What-Makes-You-Happy. Book in advance through the Albany box office.




Saitama Gold Company's Annu Watanabe in Bed

Friday 20 September

International Symposium

Ageing Well: Creative Ageing and the City

Contributors from London, Manchester and Tokyo (and across Japan) come together to share best practice examples of cultural initiatives that support agency and active participation as we age. We'll be examining how cultural activity can support older people to remain active, valued and engaged citizens.

 The Livery Hall, St Helen's Place, City Of London, EC3A 6AB
Tickets and further details available from July
via the *Age Against the Machine* website.

MAYOR OF LONDON



**The Baring
Foundation**

**BRITISH
COUNCIL**

At Home with the Festival

Age Against the Machine launches with *The Home*, Christopher Green's depiction of a care home as a place of reinvention and possibility for communities of care workers and elders.

As part of our wider festival programme we're exploring how local care homes in Lewisham can also become, or already are, places of reinvention and possibility. Our ambition is for all of Lewisham's older citizens to be able to experience the festival. If you can't get to it, we'll try and make sure the festival comes to you.

Care homes, day centres and sheltered accommodation in Lewisham will be bursting with an amazing array of creative projects and performances, including:

- **A 21st Century Tea Dance** to celebrate the very first National Day of the Arts in Care Homes.
- **The Garden**, Spare Tyre's beautiful sensory performance for people living with dementia.
- **Fox and Ginger's Pop-Up Knees-Up** featuring singing, dancing, dressing up, burlesque, mocktails, and mischief.
- **Cocktails in Care Homes** with Magic Me.
- Workshops themed around **When I'm Sixty Four**, the Beatles' iconic song about ageing, hosted by Chickenshed.
- Workshops and events for movers, shakers and movie makers, hosted by the **Positive Ageing Council**.
- **George's Magic Accordion**, filling rooms with music and magic.
- Creative object and sculpture creation with **Flour Studio**.

We will also be providing accessible transport to bring people from their homes to events happening around the borough.

FILM

Wednesday 18 September, 2pm – 4pm

Sydenham Garden in collaboration with filmmaker Katy Milner Presents

Sydenham Garden Animation Documentary

A short, animated documentary about a Sow & Grow group run at Sydenham Garden. These groups are run to support people in the early stages of dementia to live well. The film will explore what the garden means to them.

📍 Upstairs at the Sydenham Centre, The Sydenham Centre, 44a Sydenham Rd, Sydenham, SE26 5QX
Free, drop-in any time. No need to book.

Thursday 19 September, 6.30pm

Breach Theatre and Move Me Present

Wannabe

Sit back for a screening of docu-drama *Wannabe*, which follows a group of septuagenarians who form a Spice Girls tribute band. Before the screening, you can take part in a dance workshop for all abilities hosted by Move Me.

Dance workshop: 6.30pm – 7.30pm. Film screening: 8pm.

📍 Deptford Lounge, 9 Giffin St, Deptford, SE8 4RJ
Pay-What-Makes-You-Happy. Book in advance through the Albany box office.



Friday 27 – Sunday 29 September

St Christopher's, Ewart Community Hall, R.M. Sánchez-Camus and Horniman Museum and Gardens Present

South London Stories: Seeing Through the Eyes of Time

Created by sharing stories, image, film and memories, *South London Stories* is an invitation to look at the city with our older neighbours and see how it's been shaped by and for us.

📍 **Friday 27 September, 3pm:** Anniversary Centre, St Christopher's Hospice, 51-59 Lawrie Park Rd, Sydenham, SE26 6DZ

Saturday 28 September, 3pm: Estate Green, Ewart Rd Estate, 44 Wastdale Rd, Forest Hill, SE23 1HN

Sunday 29 September, 11am: Bandstand, Horniman Museum & Gardens, 100 London Rd, Forest Hill, SE23 3PQ
(part of *Age Against the Machine at the Horniman* – see page 25)

Free, drop-in any time. No need to book.

Tuesday 1 October, 2pm

The Albany and Entelechy Arts Present

Meet Me at the Movies

A movie club like no other – join Meet Me members and an associate artist for an informal film screening and to share plenty of popcorn and conversation around the chosen film.

📍 The Albany, Douglas Way, Deptford, SE8 4AG
Free, but ticketed. Book in advance through the Albany box office.

Look out for more events at participating cinemas around the borough, including:

Collective Cinema

St Margaret's Church, Lee Terrace, Blackheath, SE13 5DL
collectivecinema.co.uk

Deptford Cinema

39 Deptford Broadway, Deptford, SE8 4PQ
deptfordcinema.org

Fellowship Inn

Randlesdown Rd, Bellingham, SE6 3BT
fellowshipandstar.co.uk

Check online or contact them direct for further details closer to the event.

EXHIBITIONS

Monday 16 September – Sunday 6 October

Flour Studio Exhibition

A touring art installation created by maker and public artist Fabiane Lee-Perrella from Flour Studio with residents from Cedar Court Care Home. The artwork draws on the Cedar Court residents' lifetimes worth of skills and knowledge.

📍 Mon 16 Sep – Sun 22 Sep: The Fellowship and Star, Randlesdown Rd, Bellingham, SE6 3BT
Mon 23 Sep – Mon 30 Sep: Manor House Library, 34 Old Rd, Lee, SE13 5SY
Tue 31 Sep – Sun 6 Oct: Grove Park Library, Somertrees Ave, Grove Park, SE12 0BX
Free, drop-in any time. No need to book.

Monday 16 September – Saturday 5 October

Lewisham and Greenwich NHS Trust Presents

Market Memories

The result of an intergenerational art project between the acute elderly care wards at University Hospital Lewisham and St Mary's Primary School, *Market Memories* features collected experiences of Lewisham Market in the past and today. It will feature creative writing, a giant Lewisham Market collage and photography from the intergenerational workshop sessions.

📍 Deptford Lounge, 9 Giffin St, Deptford, SE8 4RJ
Free, drop-in any time. No need to book.

**Tuesday 17 September –
Tuesday 1 October**

The Albany Caff A Exhibitions

Meet Me at on Tour: Works by Meet Me makers displayed alongside the creative fruits from projects with older Lewisham Homes residents. Including sculpture, film, performance, cabaret, spoken word and textiles.

21st Century Tea Dance - The Exhibition: Rebellious, celebratory and unexpected photography from Entelechy Arts' pioneering *21st Century Tea Dance* events, taken over the last 12 years.

📍 The Albany, Douglas Way, Deptford, SE8 4AG
Free, drop-in any time. No need to book.

Saturday 21 September, 1pm – 5pm
Lewisham Homes and Make Mee Studio Present

Wear It Out

An exhibition showcasing re-imagined and re-worked items of clothing. Made by Lewisham Homes residents and local students, responding to themes of personal attachment, memory and the growing environmental problem of throwaway-fashion.

Bring old clothes to update at our sewing workshop during the exhibition and join in on intergenerational discussions on sustainable and environmentally friendly fashion.

📍 Old Town Hall, Catford Rd, Catford, SE6 4RU
Free, but ticketed. Book in advance through the Albany box office.

Saturday 28 September, 11am – 4pm

The Blue Ribbon Foundation Presents

Downham Men's Group Downham Anecdote

The culmination of a photography project created to combat social isolation for men in Downham. The exhibition features forgotten gems from Lewisham Library Archives, showing change in Downham over the last 90 years.

📍 Downham Health & Leisure Centre, 7-9 Moorside Rd, Downham, BR1 5EP
Free, drop-in any time. No need to book.

USEFUL CONTACTS

If you're aged 60+ and live in Lewisham, or you are concerned about the welfare of another older person in the borough, please see information below on advice, support and activities to get involved in.

If someone is in immediate danger **dial 999**.

If you have difficulty expressing your needs due to a disability or health issue, request personal support on **0300 456 2370**.

If you're worried about dementia, visit your GP. A diagnosis can help you access the right support.

For help with benefits, housing, community care, utilities, transport, legal advice, debt or immigration, visit:

Age UK Lewisham
111 Randlesdown Rd,
Bellingham, SE6 3HB
Open Tuesdays 10am - 12.30pm

Lewisham Advice Line
Telephone 0800 231 5453

Lewisham SAIL Connections
Telephone 020 7358 4077
sailconnections@ageuklands.org.uk

Information on cultural activities and events visit: <http://bit.ly/artsforolderpeople>

Lewisham is bidding to be the next London Borough of Culture!
Please support the bid at www.lewisham.gov.uk/backourbid














If you or someone you know may need a community care service, contact:




















Adult Social Care enquiries
Lewisham Council, 2nd Floor, Laurence House, 1 Catford Rd, Catford, SE6 4RU
Monday – Friday, 9am – 5pm
Tel: 020 8314 7777
Email: SCAIT@lewisham.gov.uk

Join the Positive Ageing Council
Receive free newsletters, take part in social activities and have a voice.
Tel: 020 8314 6314
Email: lucy.formolli@lewisham.gov.uk



Photo Roswitha Chesher

5	New Cross	Fri 13 – Sun 15 Sep	The Home: Durational Stay
35	 Bellingham	Fri 13 Sep, 7pm	My Nan
35	Brockley	Sat 14 Sep, 10.30am	Debating the Ideas
7	New Cross	Sat 14 Sep, 2pm	The Home: The Talent Show
7	New Cross	Sat 14 Sep, 7.30pm	The Home: The Bingo Party
7	New Cross	Sun 15 Sep, 10.30am	The Home: Non-Denominational Worship
7	New Cross	Sun 15 Sep, 2pm	The Home: Open Afternoon
35	Blackheath	Sun 15 Sep, 6pm	On Taking Care
9	Deptford	Sun 15 Sep, 6.30pm	AUDITION
38	Deptford	Mon 16 Sep, 6pm	Cocktails in Care Homes Volunteer Induction
45	Bellingham	Mon 16 Sept – Sun 22 Sep	Flour Studio Exhibition
45	Deptford	Mon 16 Sep – Sat 5 Oct	Market Memories
46	Deptford	Tue 17 Sep – Tue 1 Oct	The Albany Caff A Exhibitions
9	Lewisham	Tue 17 Sep, 10am	Capturing the Environment
12	 Deptford	Tue 17 Sep, 2pm	A 21st Century Tea Dance
43	Sydenham	Wed 18 Sep, 2pm	Sydenham Garden Animation Documentary
38	 Forest Hill	Wed 18 Sep, 2pm	Being Dementia-Friendly
12	 Deptford	Wed 18 Sep, 7pm	Slap and Tickle
43	Deptford	Thu 19 Sep, 6.30pm	Wannabe
12	Deptford	Thu 19 Sep, 7pm	The Singer's Tale
14	Deptford	Fri 20 Sep, 10am	Free Haircuts & Artist Takeover
14	 Deptford	Fri 20 Sep, 7.30pm	Generating Rhythm
41	City of London	Fri 20 Sep	Symposium: Creative Ageing and the City
46	Catford	Sat 21 Sep, 1pm	Wear It Out
14	Deptford	Sat 21 Sep, 5pm	Upendo Dance
14	 Deptford	Sat 21 Sep, 7.30pm	The Legends and Legacies Ball
16	Catford	Sun 22 Sep, 3pm	Old Boy
16	 Deptford	Sun 22 Sep, 5pm	How to Keep Time
16	Deptford	Sun 22 Sep, 6.30pm	Up Yours: An Evening With Lavinia Co-op
18	 Catford	Mon 23 Sep, 2.30pm	Comfortable Classical
45	Lee	Mon 23 – Mon 30 Sept	Flour Studio Exhibition
16	 Deptford	Tue 24 Sep, 10.30am	Meet Me at the Festival
18	 Honor Oak	Tue 24 Sep, 11.30am	Comfortable Classical
18	 Deptford	Tue 24 Sep, 11.30am	The Meet Me Choir
18	 Lewisham	Tue 24 Sep, 2pm	A 21st Century Tea Dance: Alexander Care
18	 Downham	Tue 24 Sep, 2.30pm	Comfortable Classical

18	Lewisham	Wed 25 Sep, 9.30am & 1.30pm	Guided Photography Tours
38	 Catford	Wed 25 Sep, 11am	Your Rabbit is Menacing the Neighbourhood
39	 Forest Hill	Wed 25 Sep, 3.30pm	With One Voice
19	 Lewisham	Wed 25 Sep	Sing-a-Long Flash Mob
19	Honor Oak	Thu 26 Sep, 11.30am	Dance Through the Ages
19	Catford	Thu 26 Sep, 2pm	New Hat and Open Heart
39	 New Cross	Thu 26 Sep, 5pm	Meet Me at the Movies: The Golden Years
19	Rotherhithe	Fri 27 Sep, 12pm	Silwood Age Matters
21	Deptford	Fri 27 Sep, 1pm	Company of Elders: Workshop
44	Sydenham	Fri 27 Sep, 3pm	South London Stories
21	 Deptford	Fri 27 Sep, 6.30pm	Company of Elders: Mixed Bill
25	Lewisham	Sat 28 Sep, 2pm	Jam and Jam
46	Downham	Sat 28 Sep, 11am	Downham Men's Group Downham Anecdote
23&24	 Deptford	Sat 28 Sep, from 12.30pm	Outdoor Events
44	Forest Hill	Sat 28 Sep, 3pm	South London Stories
22	Deptford	Sat 28 Sep, 4pm & 8pm	Die! Die! Die! Old People Die!
25	Catford	Sat 28 Sep, 6pm	Ageing in Style Fashion Show
40	Deptford	Sun 29 Sep, 11am	Death Caf�
25	 Forest Hill	Sun 29 Sep, 11am	Age Against the Machine at the Horniman
28	 Deptford	Sun 29 Sep, 11am	Vietnamese Moon Festival
40	 Sydenham	Sun 29 Sep, 1.30pm	Sydenham Garden Animation Workshop
44	Forest Hill	Sun 29 Sep, 11am	South London Stories
25	Deptford	Sun 29 Sep, 6.30pm	ARQ: Alison Rayner Quintet
28	 Catford	Mon 30 Sep, 11am	Stories of Emigration
40	 Lee	Mon 30 Sep, 10.30am	Horniman Discovery Boxes
45	Grove Park	Tue 31 Sept – Sun 6 Oct	Flour Studio Exhibition
16	 Deptford	Tue 1 Oct, 10.30am	Meet Me at the Festival
28	Deptford	Tue 1 Oct, 1.30pm	On My Way to Market
44	Deptford	Tue 1 Oct, 2pm	Meet Me at the Movies
29	Forest Hill	Wed 2 Oct, 3.15pm	Positive Ageing Groovers
29	New Cross	Thu 3 Oct, 2pm	Memories in Movement
30	 Deptford	Thu 3 – Sat 5 Oct, 7pm	Half Life
40	 Grove Park	Fri 4 Oct, 2pm	A.I.D.A.N: Disability, Technology and Social Care
31	 Telegraph Hill	Fri 4 Oct, 7.30pm	Cabaret of JOY
31	 Catford	Sat 5 Oct, 11am	Tai Chi, Cha-Cha-Cha
32	 Deptford	Sat 5 Oct, 11am	Fun Palace!
31	 Chinbrook	Sat 5 Oct, 1.30pm	Wild Weavings
33	 Deptford Creekside	Sun 6 Oct, 12pm	The Grand Finale

**Most events are free or
Pay-What-Makes-You-Happy**

Did you know you can put on your own event as part of the festival?
Visit AgeAgainstTheMachine.org.uk/submit to find out how we can support you.

The festival is funded by a Cultural Impact Award. The Mayor's London Borough of Culture award brings Londoners together. Putting culture at the heart of local communities, where it belongs.



MAYOR OF LONDON



Supported using public funding by
**ARTS COUNCIL
ENGLAND**

