

Prompt cards responses

Written by Chloé Bradwell for Entelechy Arts

A moment of performance at Tower Bridge:



Let go by Lucy

Let go of everything.
Throw off your worry.
That's right.

Don't hold it.
Don't hold on to it.

Let go of everything that's not
right.

Let go of everything.
That's right.
Children, just let go.

Just let go.

Just let go.

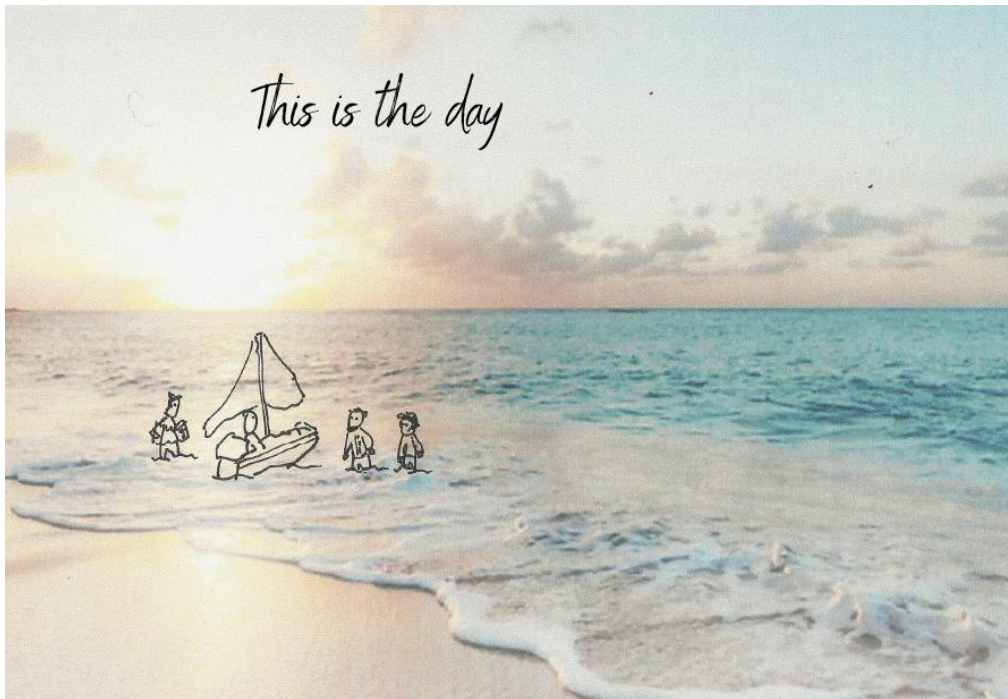
Let go of those things that are
not right in our life.

Keep believing.
That's wonderful.
That's all we want to hear.

Prompt card: Lady with The Yellow Umbrella

The artists have started to bring objects to physically emulate the themes of the cards and animate them with the residents during the sessions. The card of this woman flying with her yellow umbrella was picked up by several residents and prompted conversations about flying and feelings of freedom. One of the residents talked about 'the feeling of being free in (her) body when (she) can't move'. She told the artist that she wanted 'to fly like the girl and be in a place like this'. Building on these responses, the artists brought in balloons that materially emulated the lightness evocated by the residents, as an alternate way to experience flying. They started to make the balloons fly in the room, gently throwing them at the residents. As the activity progressed, many of the residents started to extend their bodies, reaching out for the balloons with their hands, feet and head with increased confidence. One of the care workers mentioned being amazed by how confident some of the residents looked handling the balloons and noted that it had been a long time since one of the residents had moved her legs so much. There was also a sense of playfulness in the group as residents began to interact not only with the artists but also with the care staff and each other, creating many moments of laughter and playfulness in between them.

Creating short poems at Trinity Village:



Prompt card: This is The Day

By Laura:

Kathryn: This is the day to...

Laura: go swimming.

Kathryn: This is the day for...

Laura: a picnic.

Kathryn: This is the day because...

Laura: I'm still alive!

By Joyce

Kathryn: This is the day to...

Joyce: catch a fish.

Kathryn: This is the day for....

Joyce: Fishing.

Kathryn: This is the day because.....

Joyce: I saw the big on and I let him go!