

Ambient Jam Collective: Moments from CCA



Goldsmiths Centre for
Contemporary Art
8 April 2022



"What a wonderful afternoon at CCA it was. I'm looking forward to the next one. The beautiful flower of a soul, Lizzie, enjoyed herself more than usual" Lauren Longhurst, Ambient Jam volunteer and Heart n Soul artist.

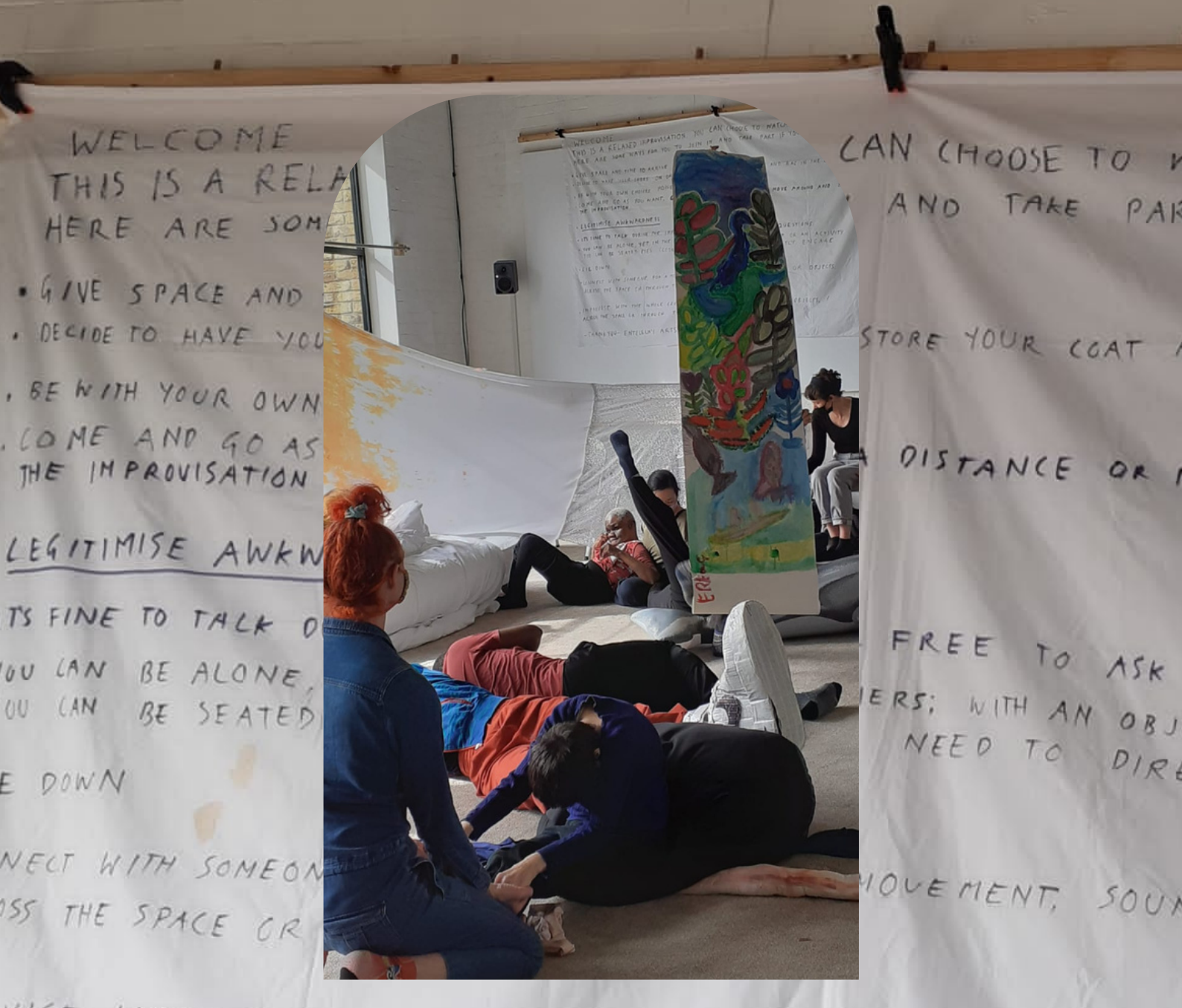




"What a beautiful session that was. Thank you for gently and warmly welcoming us in. This work is incredible. Felt myself sing into my body and be super present. Need more of this." Rachel Gildea, BLINK Dance Theatre.



"On arrival, I was walking up to the building and became transfixed by what I could see through the windows from the street. It was like looking at a tableau whose floor stretched across several windows, like a platform or podium placing all who were standing, lying or moving on it each and every one at the same level. The quality which reached out to me through the glass was of the people inside being profoundly absorbed in and by their relations and relationships new or longstanding and each all almost imperceptibly moving and behaving with unity. I could have stood there all day..."



Inside, it seemed to take some time for me to acculturate, acclimatise and tune in as relations and processes seemed in train, in balance and I would do well to find and sense the 'ground' before I entered in a meaningful way. I saw the familiar presence of Carol and I was able to introduce myself and to the unfolding Ambient Jam this way - by sharing touch and gentle to and fro improvised contact. Finally, I felt at home." Aladin





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