

WE READ STORIES OF OLDER PEOPLE'S EXPERIENCES OF CULTURAL ACTIVITIES

Tailoring Cultural Offers with and for Diverse Older Users of Social Prescribing

TOUS STUDY

WHAT DID SINGING LIBRARIES MUSEUMS DO? PERFORMING

OLDER PEOPLE MEAN TO THEM? GLOBAL MAJORITY

Glorious age!!

There is something here that breaks down barriers

seeing the whole person

whose voices are missing??
Non-English speakers
Language of the 'arts' + 'culture' men?

welcoming space

No judgement

staff really matter

confidence

SAFETY + COURAGE

Love

Trust

Family

Connections

Meaning

'super connectors help a lot'

challenge + new things vs. consistency + habits

Internal motivation matters
Some people will stay at home, some want to get out
But when they come

staying in touch

People rediscover themselves

HOW

things are done matters more than what (mostly)

choice + flex

including everyone adds to all of us!

"Sometimes I just want to sit + look!"

SPACES + PLACES
funding safety disabled access council boundaries